

## Diabetes Management before Surgery/Procedure

- Always consult with your physician about managing your diabetes several weeks before surgery/procedure to ensure that your blood sugars are well controlled.
- Follow your physician’s suggestions about managing your diabetes if they differ from these guidelines.
- Good diabetes control (blood sugar less than 180) is important before surgery/procedure to reduce the risk of infection or complications.
- Your surgery/procedure may be delayed if your blood sugar is not controlled (greater than 250 or less than 60).
- Check your blood sugar the morning of the surgery/procedure.
- Check your blood sugar before meals and at bedtime for at least 2 days before surgery/procedure.
- Call your physician for diabetes medication adjustment if your average blood sugar is greater than 180.
- Day of surgery \_\_\_\_\_ Time\_\_\_\_\_.
- When to stop eating before surgery/procedure \_\_\_\_\_.

<p><b>IF YOU TAKE ANY PILLS CONTAINING METFORMIN</b></p> <ul style="list-style-type: none"> <li>• Glucophage</li> <li>• Glucophage XR</li> <li>• Metaglip</li> <li>• ACTO plus met</li> <li>• ACTO plus met XR</li> <li>• Glumetza</li> <li>• Prandimet</li> <li>• Glucovance</li> <li>• Avandamet</li> <li>• Janumet</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Stop this medicine</b> the day before surgery/procedure on date _____ &amp; time _____.</li> <li><input type="checkbox"/> This medicine may be restarted after surgery/procedure according to your physician’s orders.</li> </ul>
<p><b>IF YOU TAKE OTHER DIABETES PILLS</b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Do not take</b> this medicine the morning of surgery/procedure.</li> <li><input type="checkbox"/> This medicine may be restarted after surgery/procedure according to your physician’s orders.</li> </ul>

### IF YOU ARE TAKING BYETTA, VICTOZA, OR SYMLIN

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| <ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Do not take</b> this medicine the day of surgery/procedure.</li> <li><input type="checkbox"/> Medicine may be restarted after surgery/procedure according to your physician’s orders.</li> </ul> |
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## IF YOU ARE TAKING INSULIN

<p><b>IF YOU TAKE RAPID ACTING INSULIN</b></p> <ul style="list-style-type: none"> <li>• Regular (R)</li> <li>• Humalog</li> <li>• Novolog</li> <li>• Apidra</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> <b>Do not take</b> this medicine the morning of surgery/procedure.</li> <li><input type="checkbox"/> This medicine may be restarted after surgery/procedure according to your physician's orders.</li> </ul>
<p><b>IF YOU TAKE Humulin R U-500, INSULIN 70/30, 75/25, OR 50/50</b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Take your usual dose the evening before.</li> <li><input type="checkbox"/> Call prescribing physician for instructions for the day of surgery/procedure.</li> <li><input type="checkbox"/> Do not use more than 50% (half) of your usual morning dose unless instructed otherwise.</li> </ul>
<p><b>IF YOU TAKE LEVEMIR OR LANTUS</b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Take 80% of your usual dose.</li> <li><input type="checkbox"/> 80% of your usual dose = Your usual dose X 0.8             <ul style="list-style-type: none"> <li>○ <b>for example</b>, usual dose is 40 units</li> <li>○ dose before surgery/procedure should be 40 units x 0.8 = 32 units</li> <li>○ Calculate <b>your</b> new dose:                _____(your current dose) x 0.8 = _____</li> </ul> </li> <li><input type="checkbox"/> If you are not sure how much to take, call your physician.</li> </ul>
<p><b>IF YOU TAKE NPH</b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Take your usual dose the evening before.</li> <li><input type="checkbox"/> Take 50% (or half) of your usual morning dose the day of surgery/procedure.</li> <li><input type="checkbox"/> If you are not sure how much to take, call your physician.</li> </ul>
<p><b>IF YOU ARE USING AN INSULIN PUMP</b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> The day of surgery/procedure you may be asked to disconnect your pump             <ul style="list-style-type: none"> <li><input type="checkbox"/> Check with your doctor about possible changes to your basal rate or a temporary basal rate</li> <li><input type="checkbox"/> If the pump is disconnected, you will be started on a continuous intravenous insulin infusion.</li> <li><input type="checkbox"/> You will be restarted on your insulin pump prior to discharge.</li> </ul> </li> </ul>

## IF YOU ARE TAKING MORE THAN ONE OF THE ABOVE MEDICINES

**\*\*Follow the instructions for each of the medicines you are taking.**